



Internships

Through Pioneer Health Group's two divisions, we are focused on providing the highest level of service in Corporate Fitness and Health Enhancement Services. Whether your company is interested in designing a new fitness facility, purchasing new equipment, implementing a wellness program, offering a health fair, or offering worksite health screenings, we are organized to product results.

Fueling human performance . . .
to power Corporate America

INTERNSHIPS

We are proud to offer an internship experience that is uniquely designed to meet the needs of each intern. Our goal is to provide each intern the opportunity to gain experience and training in many aspects of fitness management including fitness center design, development, and management as well as a full array of health promotion/wellness services. The opportunities exist to focus the intern's experience around a particular area of interest in order to optimize the experience.

Our core curriculum is made up of the following areas:

- Operations and Administration—learning the basic tasks necessary to run the daily operations of a fitness facility
- Fitness Assessment & Exercise Prescription—learning and perfecting all aspects of the “Fitness Assessment Protocol”
- Group Exercise Instruction—gaining exposure to the components involved in personal training and exercise prescription
- Strength Training/Personal Training—gaining exposure to the components involved in personal training and exercise prescription
- Wellness Programming—learning how to determine demand and need for any wellness programming that is supplemental to the member's membership.

The criteria for consideration of an internship are:

- Must be currently pursuing a degree in fitness or a similar health-related field
- Must be of Junior or Senior status
- Must have current CPR and First Aid certification
- Must be able to work a minimum of 120 hours over the course of the internship, comprised of a minimum of 20 hours/week over a minimum of six weeks

Application Deadlines:

Spring Semester (January—May), November 15th
Summer Semester (May—August), March 15th
Fall Semester (August—December), July 15th

Interested Individuals should download an application from our website. Please include a resume with the application

and return to:

Becky Magnani

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