



Our Wellness Services & Risk Reduction Programs

Through Pioneer Health Group's two divisions, we are focused on providing the highest level of service in Corporate Fitness and Health Enhancement Services. Whether your company is interested in designing a new fitness facility, purchasing new equipment, implementing a wellness program, offering a health fair, or offering worksite health screenings, we are organized to produce results.

Fueling human performance...
to power Corporate America

ONLINE TOOLS	BEHAVIOR MODIFICATION	DISEASE MANAGEMENT	OTHER HEALTH PROGRAMS	DISABILITY SERVICES
<ul style="list-style-type: none"> • Health Risk Appraisals • Customized Wellness Websites • Health Resource Library • Newsletters • Publications 	<ul style="list-style-type: none"> • Weight Management • Smoking Cessation • Stress Management • Nutrition Education 	<ul style="list-style-type: none"> • Diabetes • Heart Health • Diagnostic Screenings • Blood Pressure • Cancer • Cholesterol Education • Addictions 	<ul style="list-style-type: none"> • Men's Health • Women's Health • Foot Care • Eye Care • Back Care • Safety Programs • Fitness Programs • Mental Health • Family Health • Elder Care • Ergonomics • CPR/First Aid 	<ul style="list-style-type: none"> • Claims Tracking • Workers Comp • Short Term • Long Term • FMLA • Aggregate Reporting • Statistical Analysis



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